



7th February 2021

The **Methodist Church**

South Warwickshire Circuit

Registered charity no. 1154830

Superintendent Minister: Rev Dr Iain Ballard

In today's passage (Mark 1:29-39) Jesus show us his priorities. He knows what he must do and demonstrates this by healing and proclaiming the good news. However, Jesus also takes time out to get away from the crowds and be alone in prayer. He knows what he must do to take care of himself and stay true to his mission.

Do we find or make enough time to rest with God? What difference does it make?

I think there's a fine balance between being and doing even in lockdown. For years there has been so much emphasis from our secular world AND from our churches of doing, that somehow our identity is involved with only doing. Our sense of worth needs to be more than what we get done. We need to re-learn our being and our sense of self. Our value and self-worth come from a being a child of God and taking time to just *Be* with Him. It's from that place of being grounded and rooted in the gentle and gracious love of God, do we *Do*.

However, life is never quite as straight forward as that. There have been times in my life where the doing has deeply spoken into my being. That sharing the love of God with others has transformed me in the process. As Disciples we are to take note of how Jesus did it. Being in relationship with God as well as ministry in the world. Being and doing together.

As we travel in lockdown towards the beginning of lent, I encourage you to take this time to ask how you could spend your time through the lenten journey so that your being and doing has balance. May you have time both to Be and Do together. And may you know your worth.

Amen

Rev Jemima Strain

Reminder: Dial – a – Prayer, Methodist Church

Listen to a prayer: 0808 281 2514

Listen to news: 0808 281 2478

Sunday Worship and Daily Prayers

There are plenty of opportunities to join in worship if you have the internet. We are encouraging everyone to link up with the live stream worship being offered by the Birmingham District via FaceBook on the 1st and 3rd Sunday mornings at: <https://www.facebook.com/Birminghammethodistdistrict/live>

Circuit Service

The Circuit continues to provide a pre-recorded service each week, via YouTube, Facebook and our website – see below for details:

Change of YouTube account:

Please note, the Circuit now has its own YouTube account, which means that the URL has changed.

Please access the YouTube video by clicking the following link or typing it into your browser:

[tinyurl.com/SWCplaylist](https://www.youtube.com/watch?v=PLzyDSCOYMtQvpCroUvvxjE93MqkTWQomY) or if this doesn't work, try the long version:

<https://www.youtube.com/playlist?list=PLzyDSCOYMtQvpCroUvvxjE93MqkTWQomY>

If you regularly watch the Circuit Service, do consider subscribing to the Channel.

Rev Jemima, Michael Sharman & Graeme Russell have created **Family Worship Time** video which is available from 9:15 am on the 2nd and 4th Sundays of the month through our YouTube Channel – and can be accessed here: [tinyurl.com/SWC-FWT](https://www.youtube.com/watch?v=PLzyDSCOYMtQsCToUfQ3sforT5J7geU2-D) again if this doesn't work, try the longer version: <https://www.youtube.com/playlist?list=PLzyDSCOYMtQsCToUfQ3sforT5J7geU2-D>

Facebook: <https://www.facebook.com/SW.Methodist/>

Website: www.methodist-swc.org.uk

A full text of this service is available on the website, and is being sent by post to all those people who do not use the Internet so they can join in too. These worship opportunities will be available and sent to you every Sunday. We will be offering worship in a similar way each Sunday as the health crisis continues.

TV & radio opportunities for worship:

Radio 4, Sunday Worship, Sunday 8:10am,
Radio 4 Long Wave, Daily Service, 9.45am Mon-Fri,
Radio 3, Choral Evensong, Sunday 3pm.

BBC 1, Sunday Worship, Sunday 10.45am,
BBC 1, Songs of Praise, Sunday 1:15pm
(The times of the TV services can alter, please check the times)

Daily prayers at 10am are led by members of the circuit via zoom <https://us02web.zoom.us/j/328494818>

All members of the Circuit are invited to join, **you do not need a zoom account to join**. You can also join by **telephone**. Please contact Michael Sharman on 07412 401988 if you'd like help getting in.

Pastoral Support

A reminder that if you are in pastoral need of any kind please contact your own Minister direct by email or phone. We may also be able to arrange practical help with shopping and so on. Our details are below.

If in any doubt, please contact Rev Dr Iain Ballard and he will link you up with help locally to you.

Rev Dr Iain Ballard	07368 875790	iain.ballard@methodist.org.uk
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Keep safe. Keep caring. Keep praying. With every blessing to you and yours.

The Ministers and Stewards of the South Warwickshire Methodist Circuit of Churches